

Distinguished Child Psychiatrist Joins Chapel Hill, NC Office of Carolina Partners in Mental HealthCare, PLLC

Carolina Partners in Mental HealthCare, PLLC is pleased and honored to welcome Dr. Helen Courvoisie, one of the area's top Pediatric Neuropsychiatrists, to our clinical team in the North Carolina Triangle.

Helen Courvoisie, MD is a Child and Adolescent Psychiatrist, as well as a Pediatric Neuropsychiatrist practicing with Carolina Partners in Mental HealthCare/Chapel Hill. After attending the University of South Carolina for medical school, Dr. Courvoisie completed her Fellowship in Pediatric Neuropsychiatry at the University of North Carolina, Chapel Hill in 1993. She completed her Fellowship in Child Psychiatry at Duke University in 1974.

Dr. Courvoisie has practiced and taught psychiatry for more than 34 years. Her employment history includes Assistant Professorships at Johns Hopkins Hospital, the University of North Carolina at Chapel Hill, and Bowman Gray School of Medicine. She was the Director of the Child Inpatient Unit at the University of Chapel Hill Hospital for five years from 1993 to 1998, and has held consultative posts with numerous prestigious institutions, including Charter Mandala Hospital in Winston-Salem, NC, Highland Hospital, Asheville, NC, and the Children's Psychiatric Institute in Butner, NC. In addition to her teaching duties, Dr. Courvoisie has consistently maintained her own private practice in Child Psychiatry and Pediatric Neuropsychiatry for 34 years from 1974 to present.

Dr. Courvoisie has published more than 14 academic articles in medical journals such as the Journal of the American Academy of Adolescent Psychiatry, the Journal of Child and Adolescent Psychopharmacology, Pediatric Neurology, the Journal of Neuropsychiatry and Clinical Neuroscience, and the American Journal of Neuroradiology. She has lectured or presented more than two dozen times for organizations such as the American Neuropsychiatric Association, the American Academy of Child and Adolescent Psychiatry, and the George Washington Health Care Plan in Washington, DC. Dr. Courvoisie has participated in numerous research studies investigating new treatments for childhood illnesses such as Early Age Mania, Adolescent Depression, and Anxiety Disorders, including a study for the National Institute of Mental Health [NAMI] on Pediatric Psychopharmacology and Psychosocial Interventions.

During her distinguished career, Dr. Courvoisie has made herself available for community service of many kinds. She has performed committee work for the American Psychiatric Association and the North Carolina Psychiatric Association, including acting as Chairperson for the North Carolina Psychiatric Association's Peer Review Committee and Parliamentary and Constitution Committee. She served as Vice President of the North Carolina Council of Child and Adolescent Psychiatry and Chairperson of its By-laws Committee. Dr. Courvoisie has acted as an Examiner for the Child Psychiatry Board.

Dr. Courvoisie is a welcome addition to our team of forty providers at Carolina Partners in Mental HealthCare, PLLC. She is currently taking referrals and accepting new patients. She does not currently have a waiting list.